

12 Questions

read the step then ask the question

1. What did it take for you to admit your alcoholism to your innermost self; to get a full knowledge of your condition?
2. How did you come to believe that a Power Greater than yourself could restore you to sanity?
3. What is one remarkable thing that happened after taking the 3rd step?
4. How searching and fearless would you say your first inventory was, and how much time did you spend on it?
5. How did you pick the other human being to share the exact nature of your wrongs with, and how did that process work for you?
6. When did you know you were ready to ask God to remove the defects of your character that had been blocking you off from Him?
7. Did you ask Him alone or with someone?
8. How did you make your list and was it hard to become willing to make amends?
9. What are some of the amazing things that happened to you before you were halfway through Step 9?
10. How do you practice Step 10?
11. Have you become more conscious of your contact with a Higher Power as time passes, and do you think your awareness of it has improved?
12. How did you start out doing 12th Step work, and has 12th Step work changed over the years?